



**Dipartimento di CardioScienze**

Unità Operativa Complessa  
Cardiologia Interventistica e UTIC

***Marino Scherillo***

**LINEE GUIDA PER  
L'IMPIANTO  
CORONARICO DI STENT E  
CORRETTA TERAPIA  
ANTIAGGREGANTE**

Napoli 12-15 ottobre 2008  
Mostra d'Oltremare

# NSTEMI

G.F. , 52 y / male, Diabetes ,Tn I+

## Strategia Farmaco-Interventistica Precoce



**ASA**  
**CLOPIDOGREL**  
**LMWH**  
**STATINA**  
**PCI - STENT**





# Recommendations for Oral Antiplatelet Drugs

	I	IIa	IIb	III
A	A	B	C	D
A	A	B	C	D
A	A	B	C	D
A	A	B	C	D
B	A	B	C	D
B	A	B	C	D
C	A	B	C	D
C	A	B	C	D

- **Aspirin**

- Loading dose (160 - 325 mg)
- Maintenance (75 - 100 mg)

- **Clopidogrel**

- Loading dose 300 mg + 75 mg
- 12 months maintenance
- Contraindication for Aspirin
- 600 mg LD for PCI
- Postpone CABG 5 days after withdrawal

# Linee Guida : Verso una Definizione Operativa per la Comunità

## **LG come *Bussola* per Medici e Pazienti**



**“ Le LG indicano genericamente la Direzione e non lo specifico Percorso per Migliorare la Quantità e la Qualità della Vita dei Pazienti ”**

# Le Linee Guida non sono il TomTom



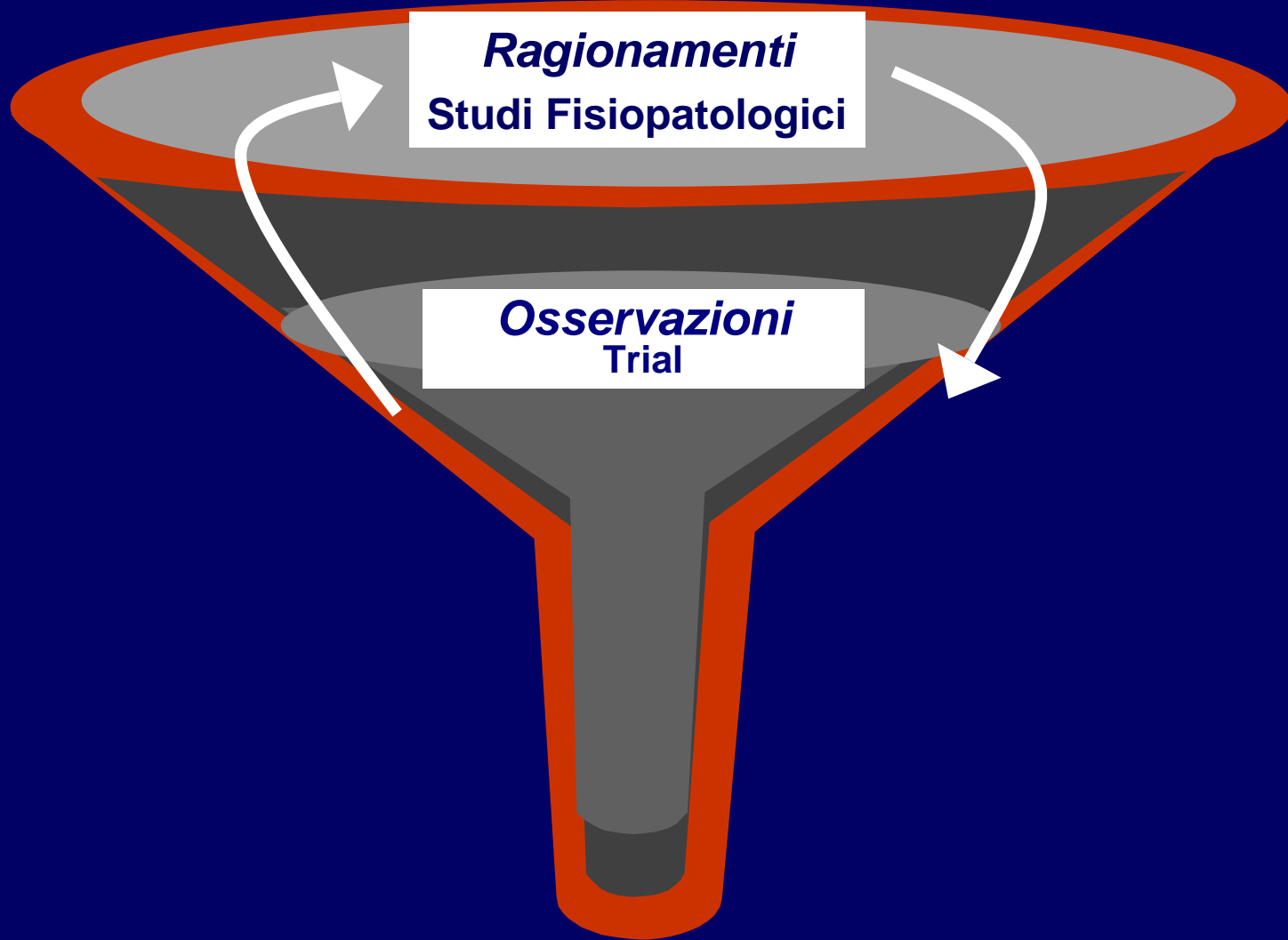


**Karl Popper**

***La Conoscenza non è  
Sapere Certo  
“Episteme” ma  
Sapere Congetturale  
“Doxa”  
e Noi tutti siamo  
Ricercatori non  
Possessori della Verità***

# *La Grappa di Popper*

Linee Guida come Distillato della Verità Scientifica



**Linee Guida**

# Trombosi Tardiva Intrastent

STEMI

9 mesi dopo

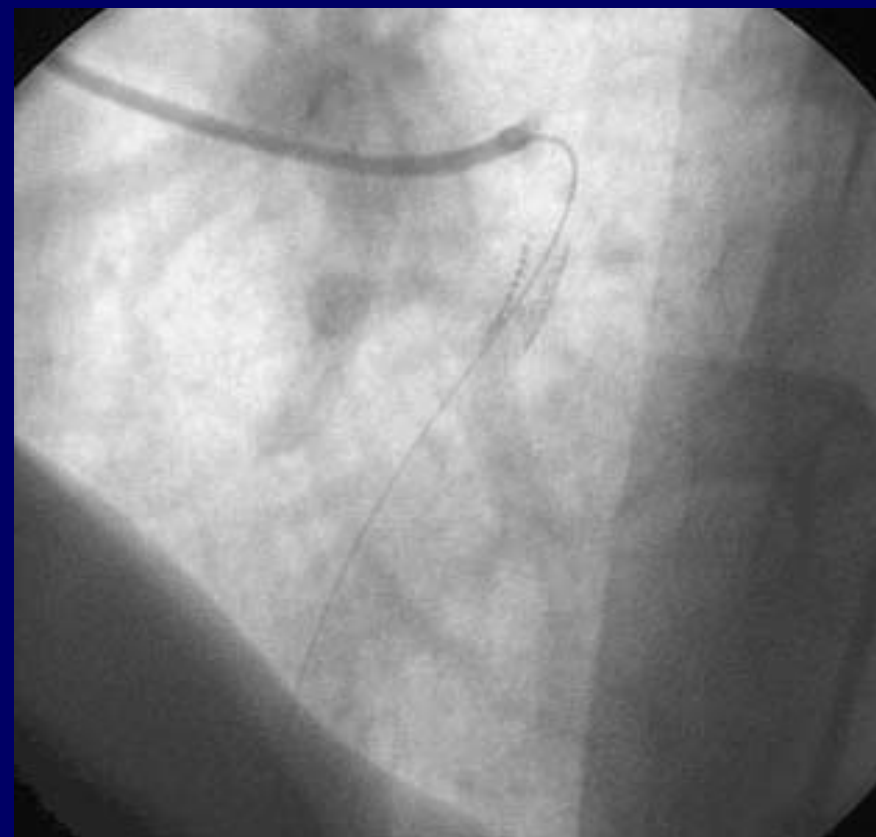
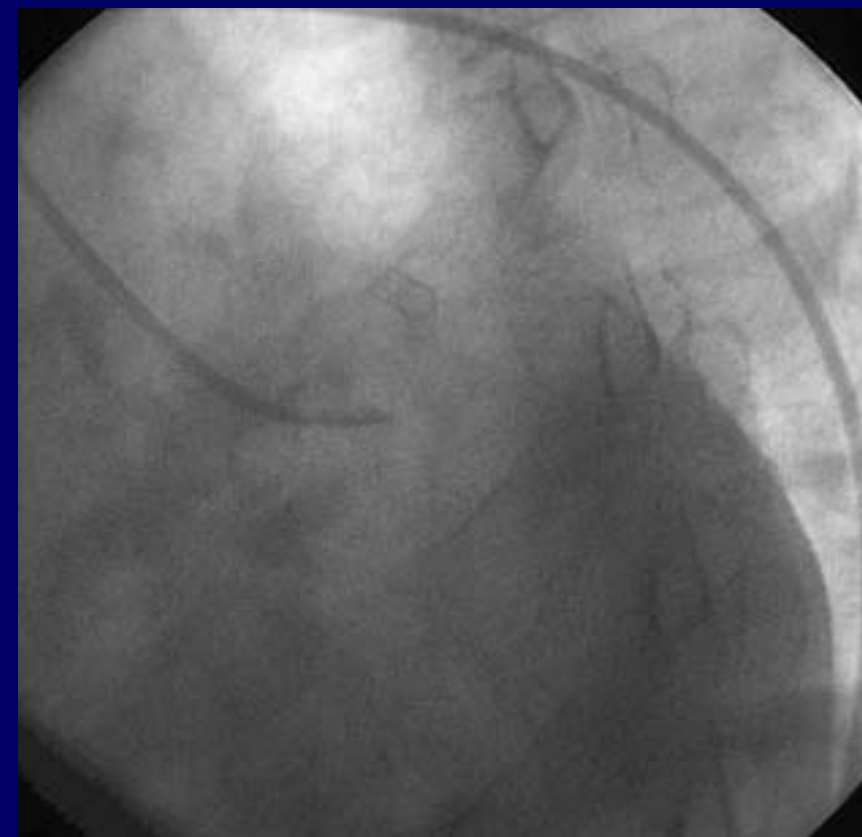
PCI - DES 3.5x15 mm

Durante ASA - CLO

PCI - BMS

3.5x18 mm

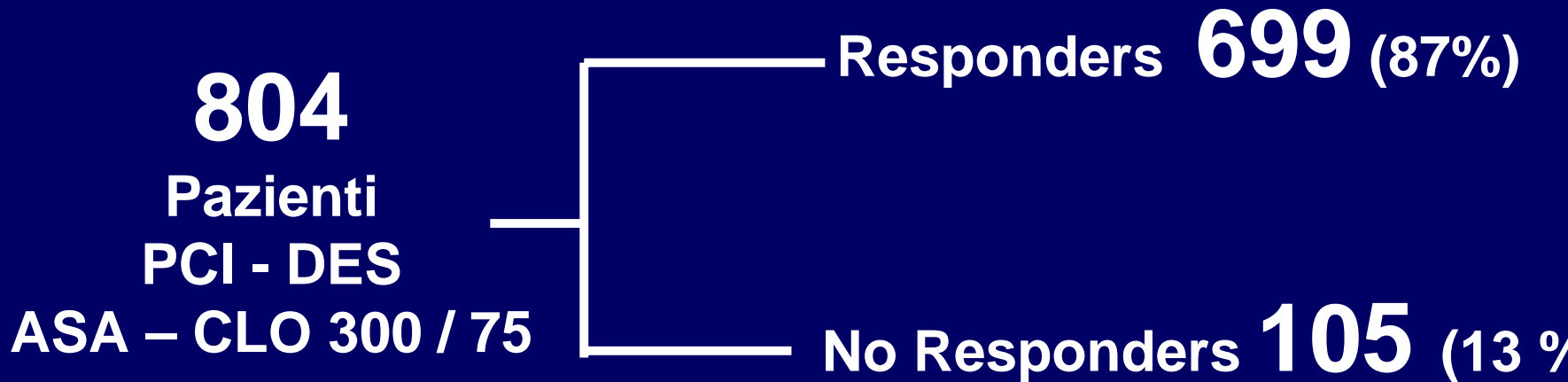
ABCXMAB



e se fosse un paziente CI OPIDOGREI Non Responder



# RE-CLOSE Trial



Definizione di No Responders :  
**Inhibition of Platelet Aggregation**

**10  $\mu$ M ADP > 70%**

12 – 18 h dal carico di Clopidogrel 600 mg

# STENT THROMBOSIS



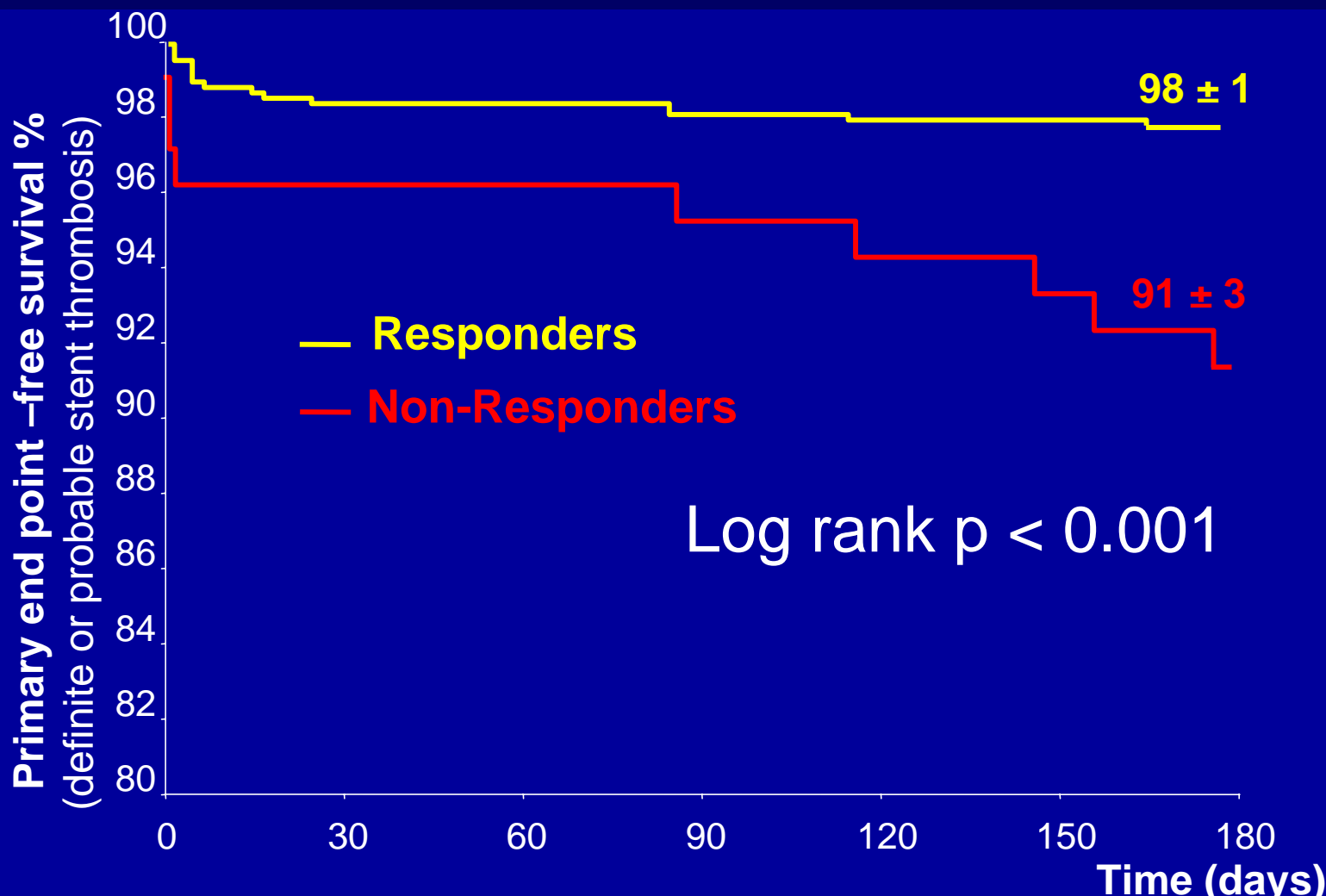
	<b>Non - Responders</b> 9 / 105 (8.6 %)	<b>Responders</b> 16 / 699 (2.3 %)
<b>AMI</b>	3 (33%)	7 (44%)
<b>Bifurcation</b>	5 (55%)	10 (62%)
<b>Multivessel PCI</b>	5 (55%)	10 (62%)
<b>Stent length &gt; 30mm</b>	8 (89%)	8 (50%)
<b>LVEF &lt; 30%</b>	5 (55%)	8 (55%)

# Cox multivariate analysis:

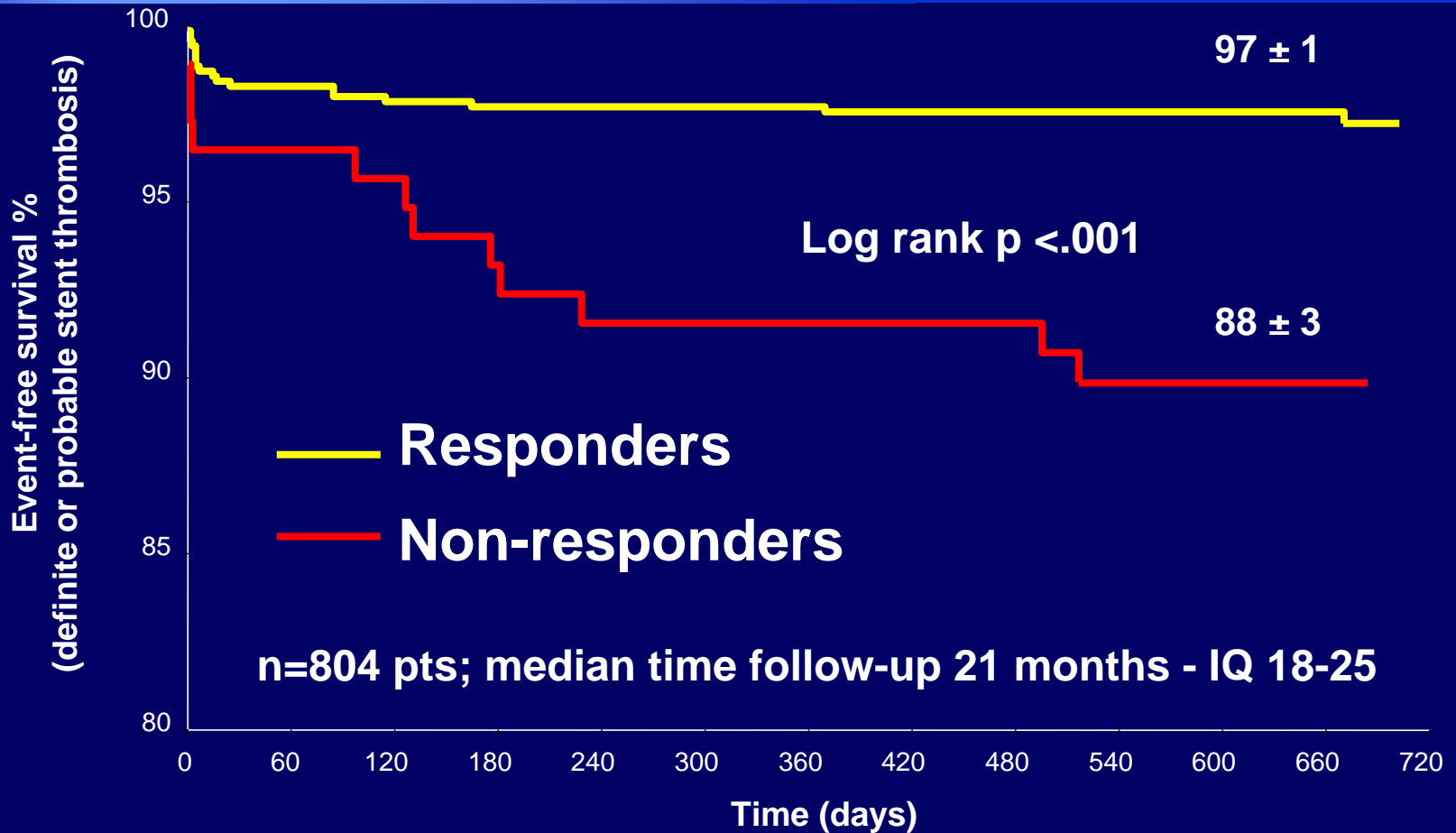
## Predictors of Stent Thrombosis

	HR (95% CI)	pvalue
> Non-responsiveness to clopidogrel	3.08 (1.32-7.16)	0.00
> Acute myocardial infarction	2.41 (1.04-5.63)	0.04
> Total stent length (mm)	1.01 (1.00-1.02)	0.01
> LVEF per 1 % increase	0.95 (0.92-0.98)	0.00

# Definite / Probable STENT THROMBOSIS for Responders and Non - Responders to Clopidogrel (Kaplan-Meyer)



# LONG - TERM SURVIVAL FOR PRIMARY END-POINT (DEFINITE OR PROBABLE STENT THROMBOSIS)



# Conclusion



**Non-responsiveness to CLOPIDOGREL is a strong independent predictor of stent thrombosis and mortality in patients receiving DES. Alternative revascularization strategies (BMS or CABG), or pharmacologic strategies using increasing dose of clopidogrel or other antiplatelet agents should be considered to reduce the risk of thrombotic events.**

# Variability Platelet Response With Antiplatelet Agents

- **Genetic<sup>1</sup>**
  - Receptors: P2Y<sub>12</sub> H2 haplotype (clopidogrel), GPIIb/IIIa, collagen, thromboxane
  - Enzymes: COX-1, COX-2, thromboxane A<sub>2</sub> synthetase, etc. (aspirin)
- **Pharmacokinetic / Bioavailability<sup>1</sup>**
  - Non-compliance
  - Underdosing
  - Poor absorption (e.g., enteric coated aspirin)
  - Interference: NSAIDs coadministration (aspirin); atorvastatin (clopidogrel)
- **Pharmacodynamic<sup>1</sup>**
  - Incomplete suppression of thromboxane A<sub>2</sub> generation (aspirin)
  - Accelerated platelet turnover, with introduction into the blood stream of newly formed, drug-unaffected platelets
  - Stress-induced COX-2 in platelets (aspirin)
  - Increased platelet sensitivity to ADP and collagen
- **Environment / Concomitant disease**
  - Diabetes mellitus (aspirin)<sup>2</sup>

<sup>1</sup> Michelson A. *Circulation* 2004;110:e489-93

<sup>2</sup> Albert RG et al. *Diabetes Res Clin Pract* 2005;70:195-9

# Possible Explanation for Clopidogrel Failure, Though not Associated with All-



## 34C>T Polymorphism

## Mortality

In PAD patients, clopidogrel variability exists, which may result

in increased risk for cerebrovascular events

- Sequence alterations of the target receptor gene represent one possible mechanism for clopidogrel failure

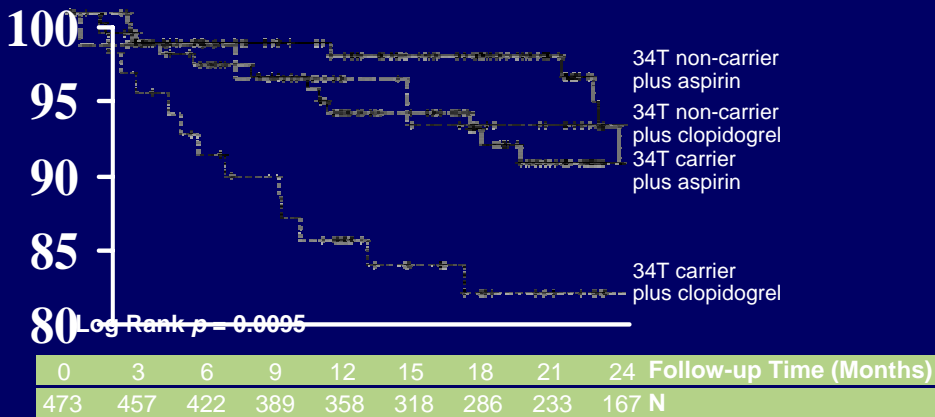
- Genotype frequencies for mutated heterozygous, and wild-type alleles were

- For polymorphism 34C>T = 9%, 44%, and 47%

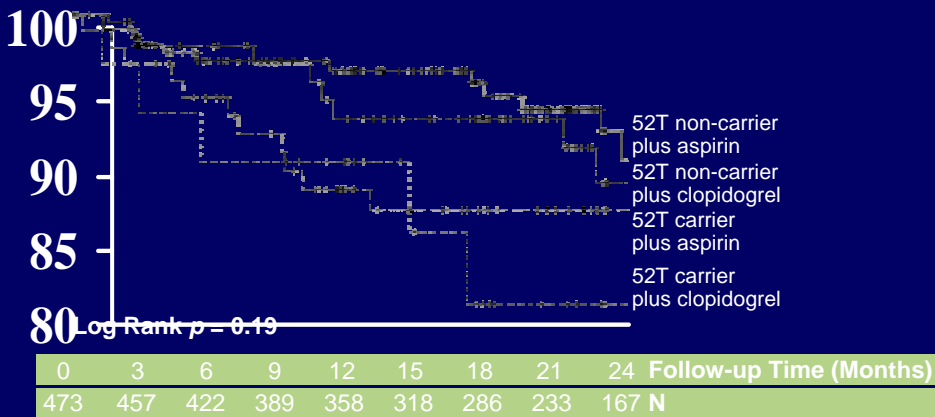
- For polymorphism 52G>T = 4%, 27%, and 70%

- In clopidogrel patients, carriers of at least one 34T allele had a 4.02-fold increased adjusted risk for neurological events compared with carriers of 34C allele

Neurological Event – Free Survival (%)



## 52G>T Polymorphism





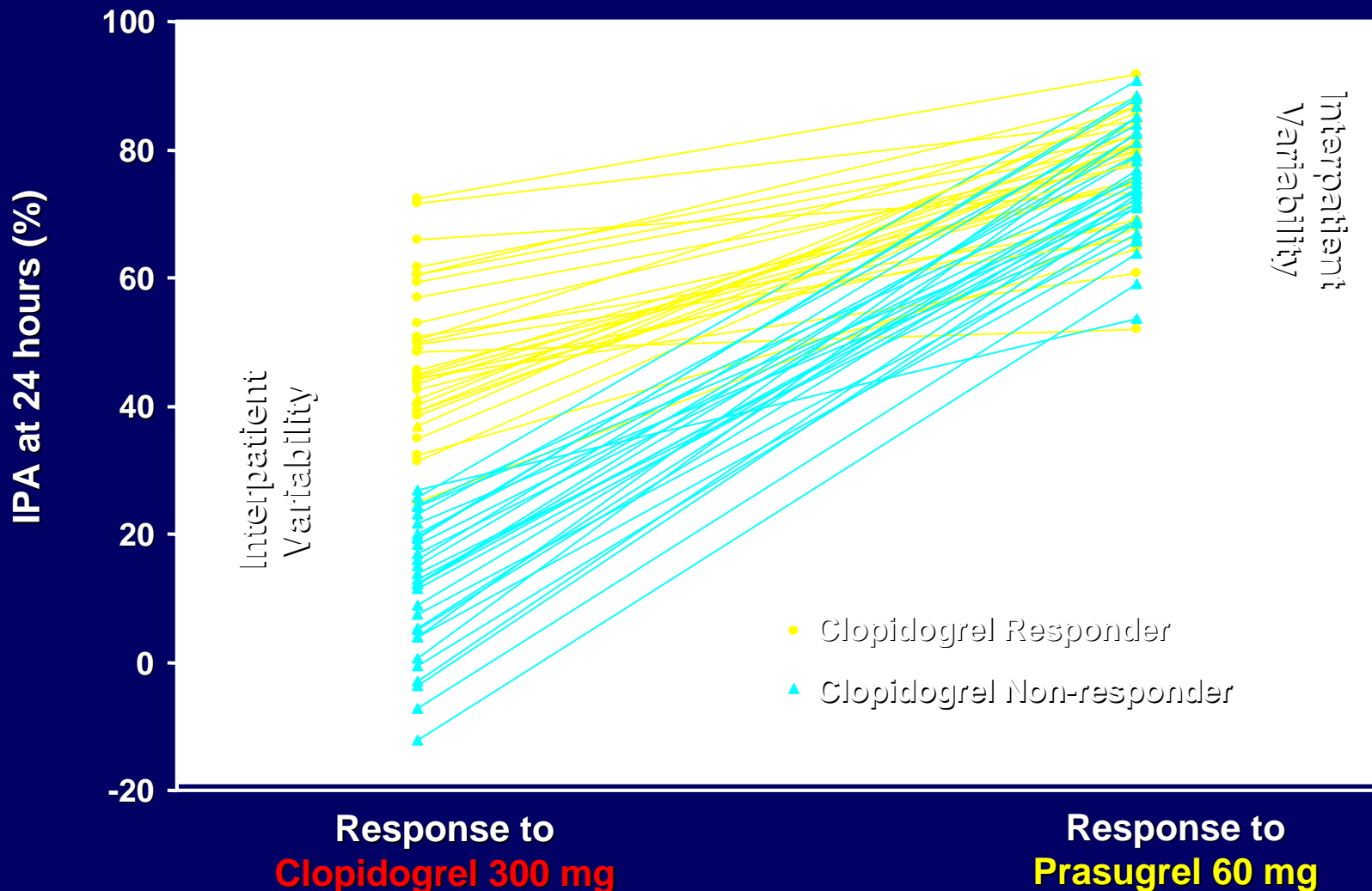
**Novel ADP P2Y<sub>12</sub>  
Receptor Antagonist**

**Prasugrel**

**AZD 6140**

**Cangrelor**

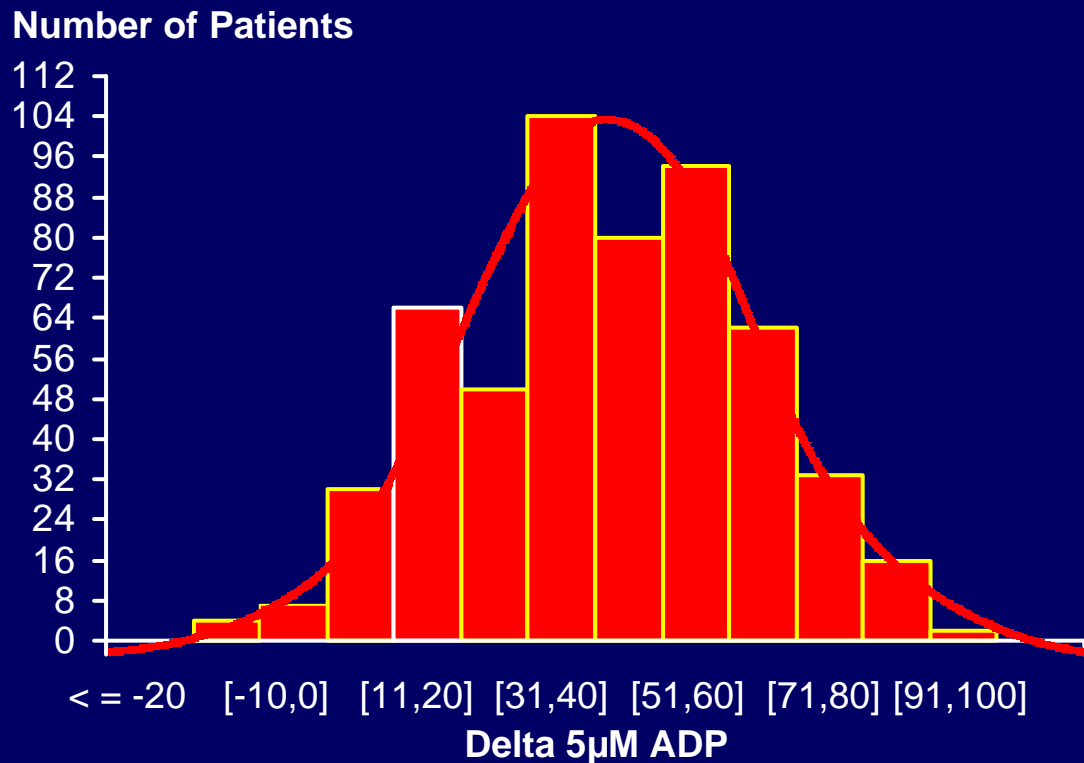
# Healthy Volunteer Crossover Study



**elevato non è  
necessariamente  
migliore perché è  
correlato al Rischio  
Emorragico**

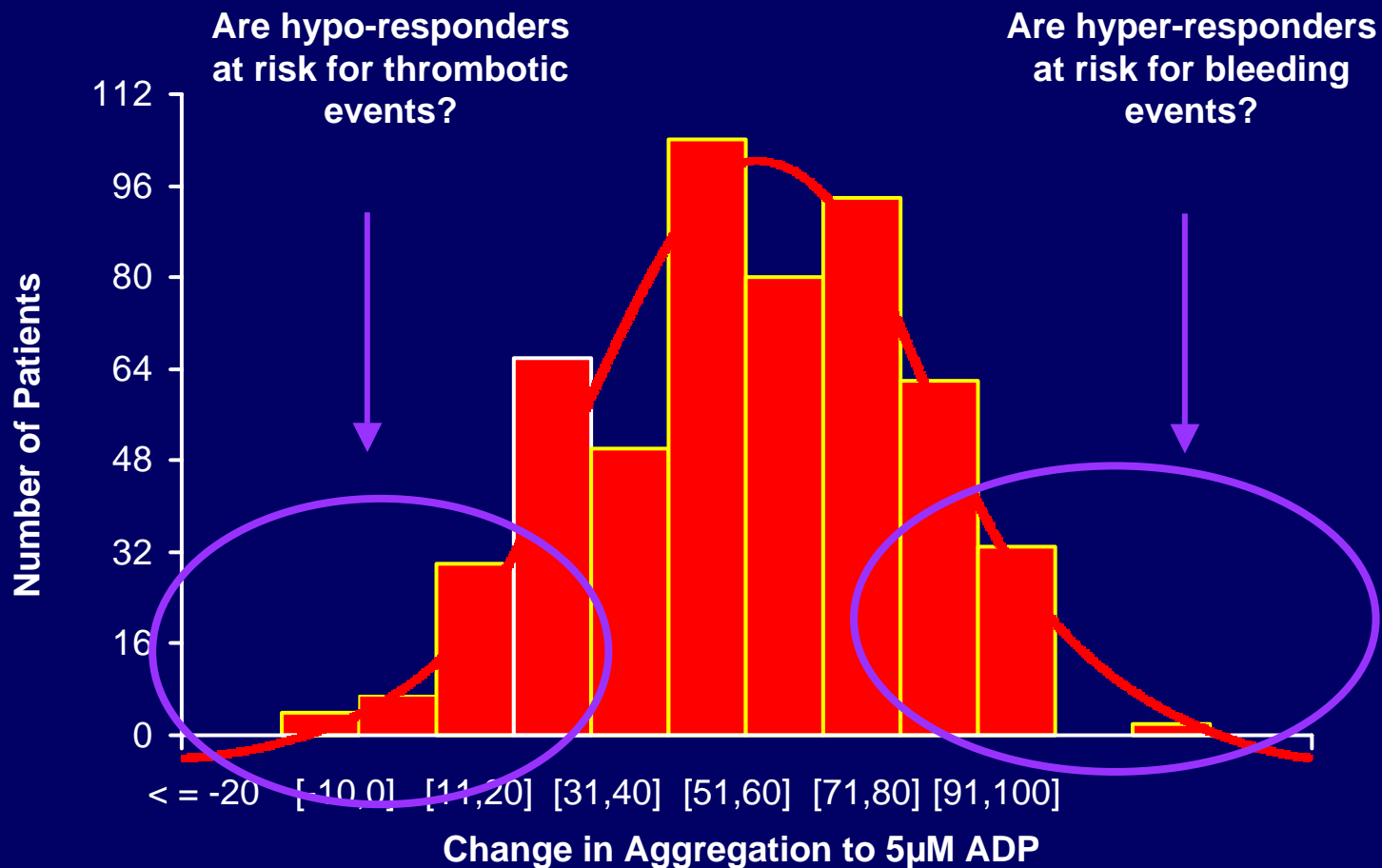
# Clopidogrel Responsiveness Shows a Normal Distribution in Patients

- Individuals receiving clopidogrel exhibit a wide variability in response that follows a normal distribution curve
- In this study (retrospective analysis of a dataset of different type of patients)
  - Hypo-responsive patients = 4.2%
  - Hyper-responsive patients = 4.8%
  - Defined as to be 2 standard deviation less than and greater than the mean respectively



Distribution of the changes in 5 μmol of adenosine diphosphate (ADP)-induced platelet aggregation in 544 patients after receiving clopidogrel therapy. Negative changes in aggregation values represent aggregation values after the administration of clopidogrel that were higher than the baseline readings.

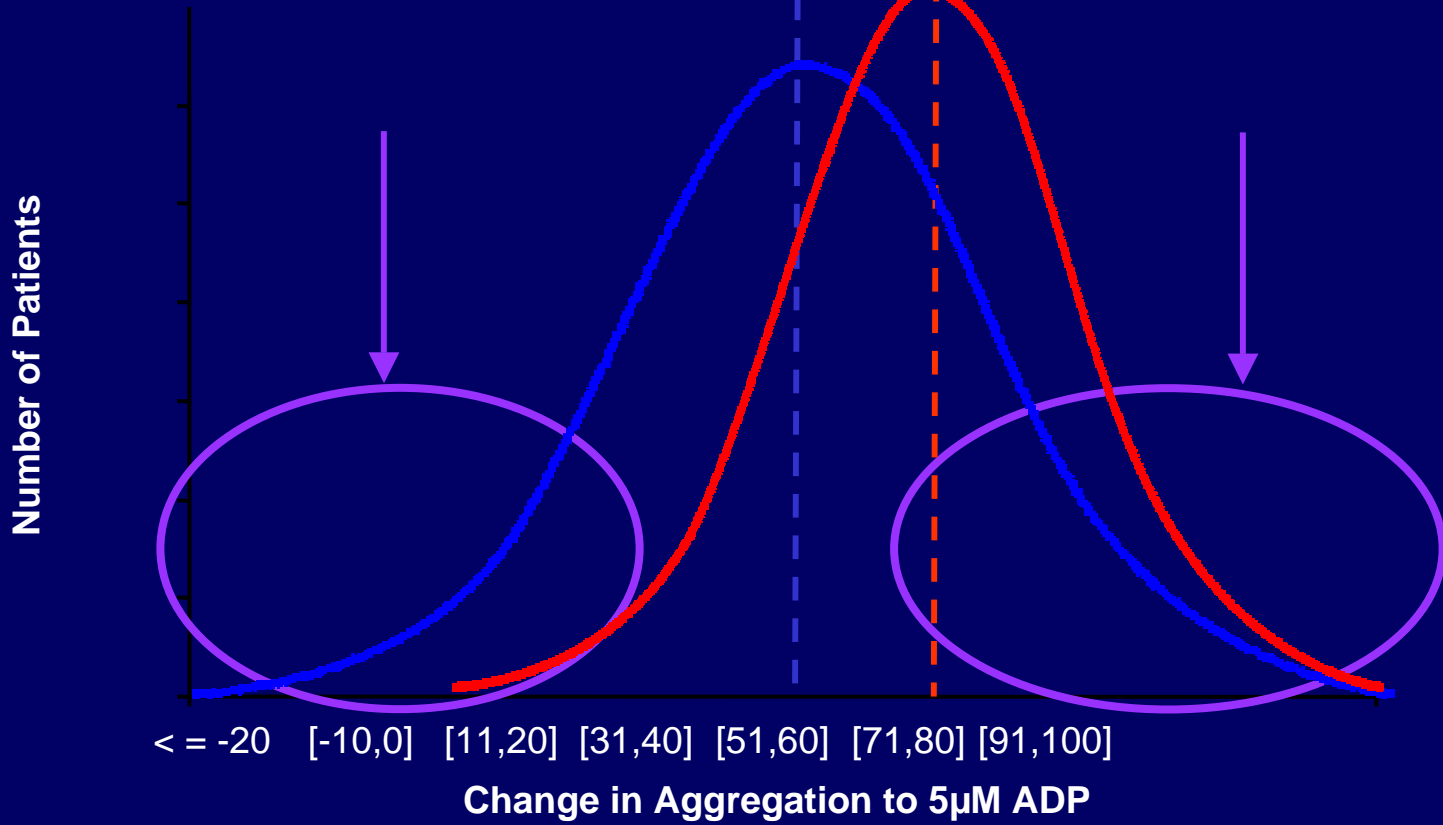
# What Are the Clinical Implications?



# What Could be the Clinical Implications with Higher IPA and Less Variable Response?

Are hypo-responders at risk for thrombotic events?

Are hyper-responders at risk for bleeding events?



# ***Il Bravo Cardiologo Tra Scilla e Cariddi***



**Scilla**  
***Trombosi***



**Cariddi**  
***Emorragia***

**TR**ial to Assess **I**mprovement in  
**T**herapeutic Outcomes by **O**ptimizing  
Platelet Inhibition with Prasugrel  
**O** Orlando, Florida

*Disclosure Statement:*

The TRITON-TIMI 38 trial was supported by a research grant to the Brigham and Women's Hospital from Daiichi Sankyo Co. Ltd and Eli Lilly & Co.



# Study Design

ACS (STEMI or UA/NSTEMI) & Planned PCI

ASA ↓ N= 13,600

Double-blind

**CLOPIDOGREL**

300 mg LD/ 75 mg MD

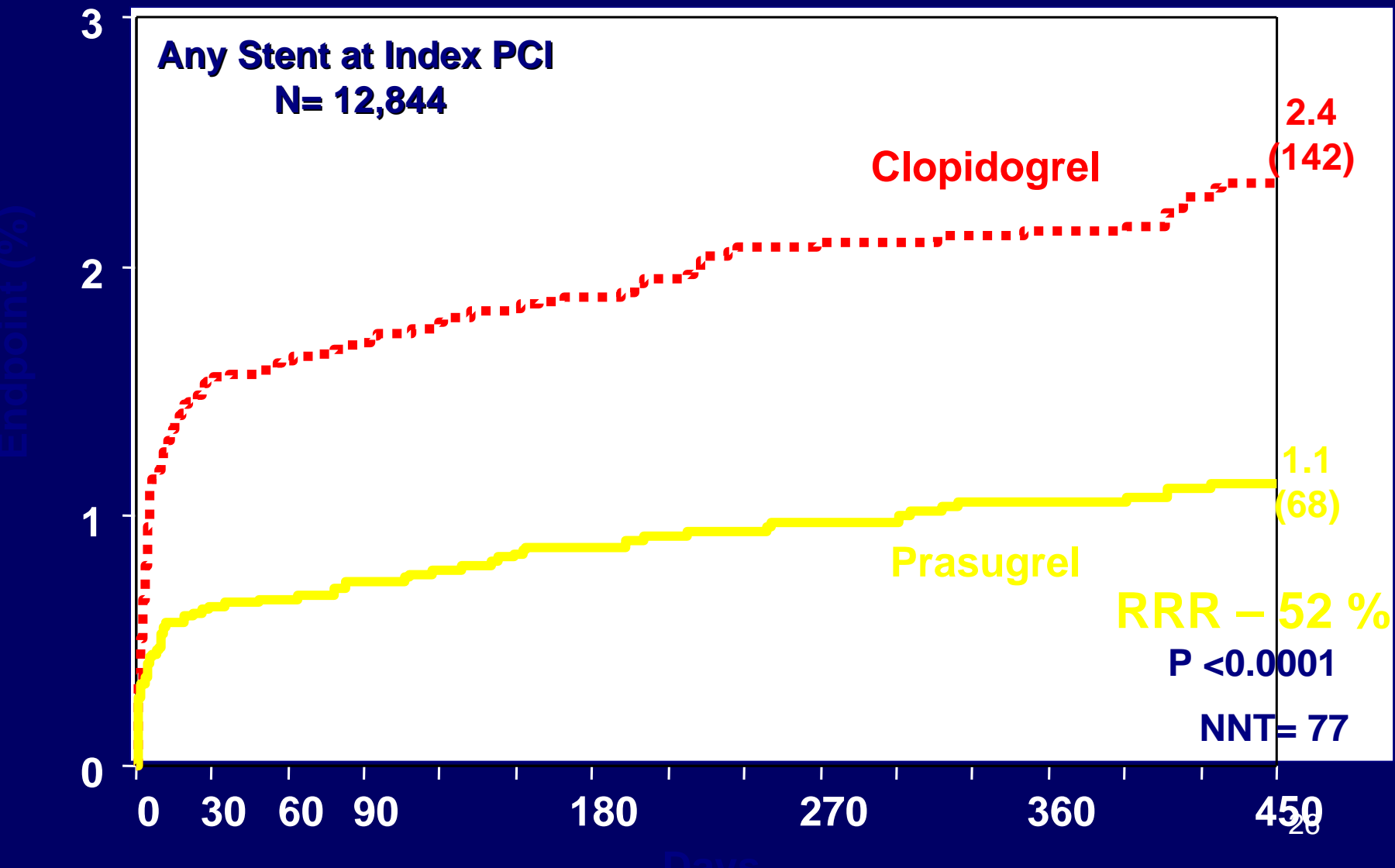
**PRASUGREL**

60 mg LD/ 10 mg MD

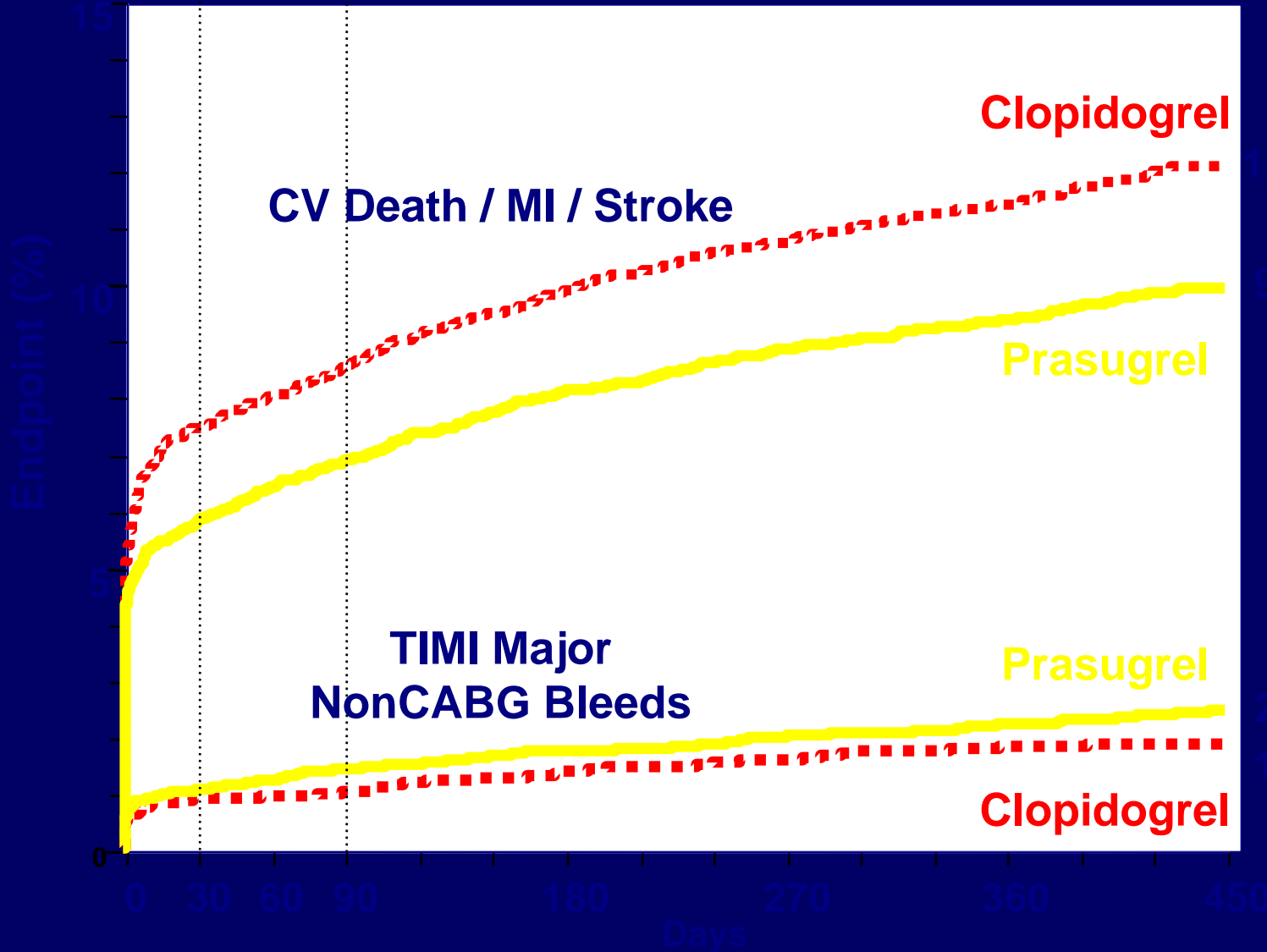
Median duration of therapy - 12 months

- ° endpoint: CV death, MI, Stroke
- ° endpoints: CV death, MI, Stroke, Rehosp-Rec Isch  
CV death, MI, UTVR  
Stent Thrombosis (ARC definite/prob.)
- Safety endpoints: TIMI major bleeds, Life-threatening bleeds
- Key Substudies: Pharmacokinetic, Genomic

# Stent Thrombosis (ARC Definite + Probable)



# Balance of Efficacy and Safety



↓ 138 events

RRR – 19%  
 (0.73-0.90)  
 P=0.0004  
 NNT = 46

+ 32% events

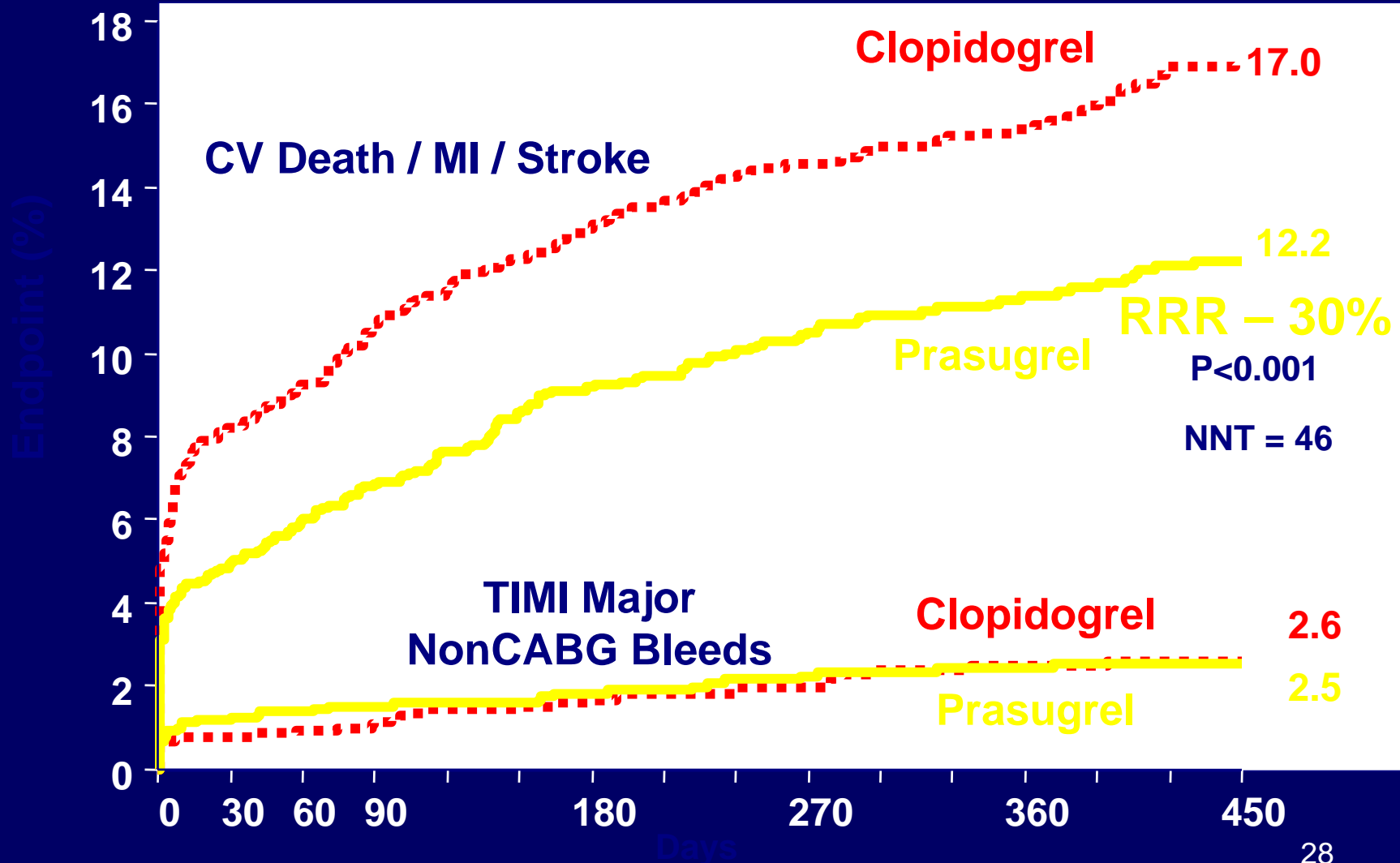
HR 1.32  
 (1.03-1.68)  
 P=0.03

NNH = 167

# Diabetic Subgroup



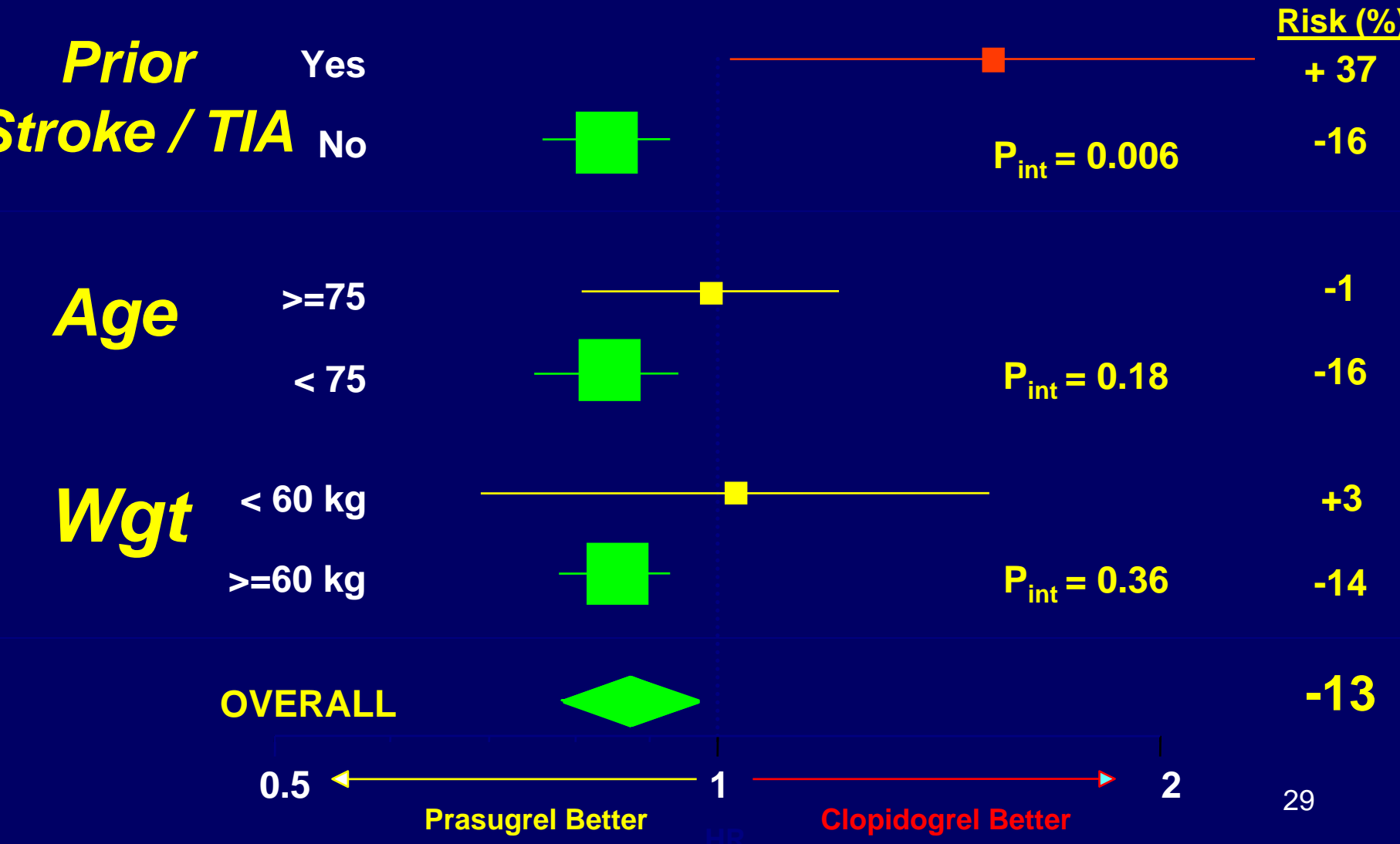
N=3146



# Net Clinical Benefit

## Bleeding Risk Subgroups

### Post-hoc analysis



*..... e se utilizzo*

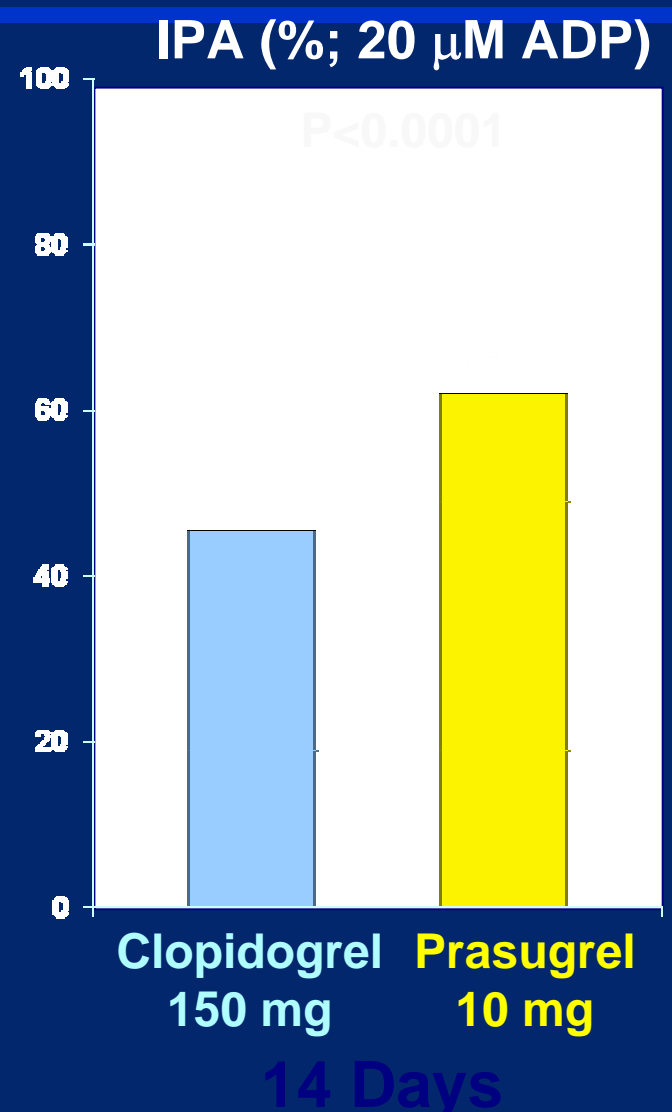
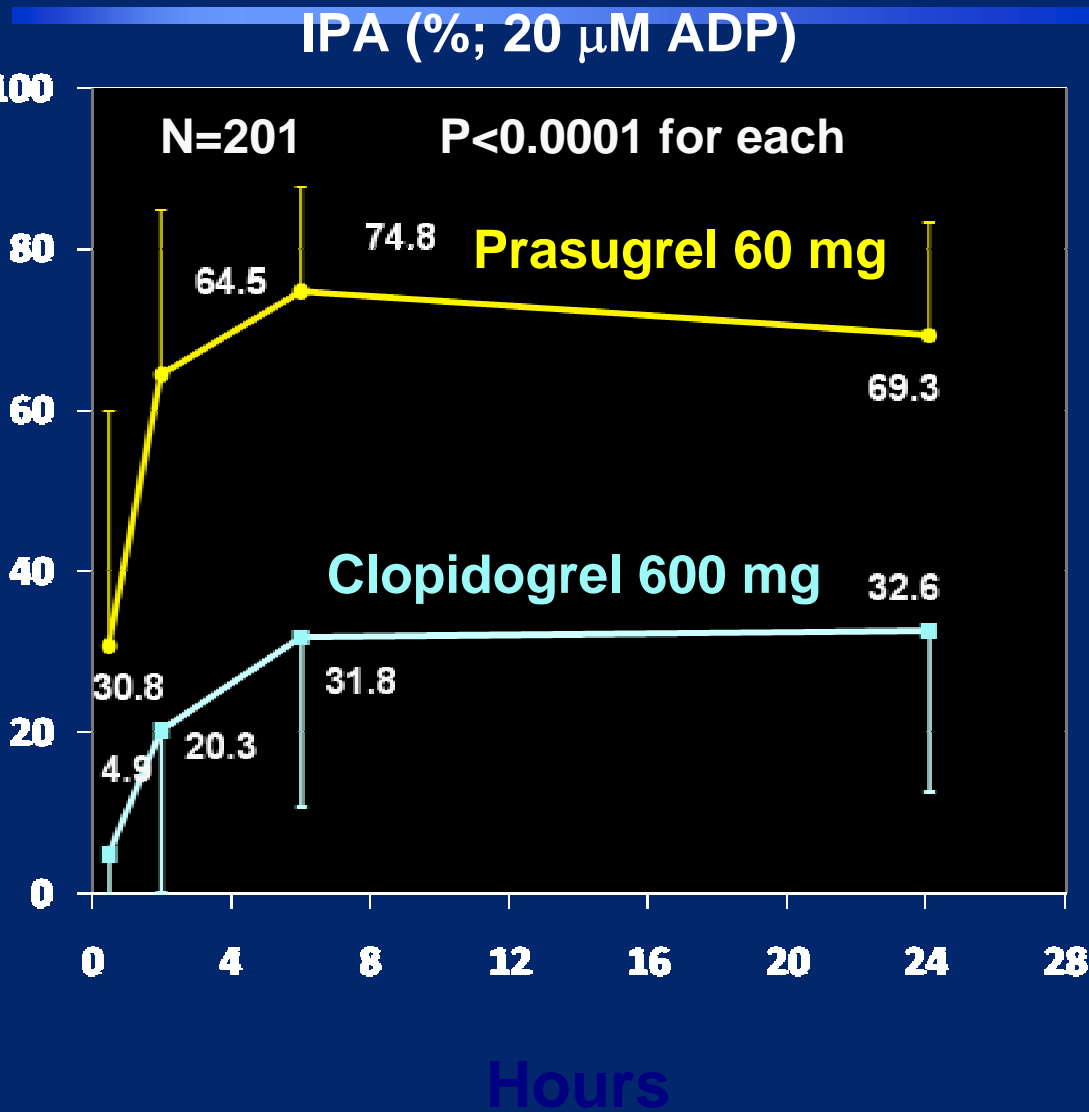
*Clopidogrel ad alte dosi*

*(600 / 150 mg) aumento*

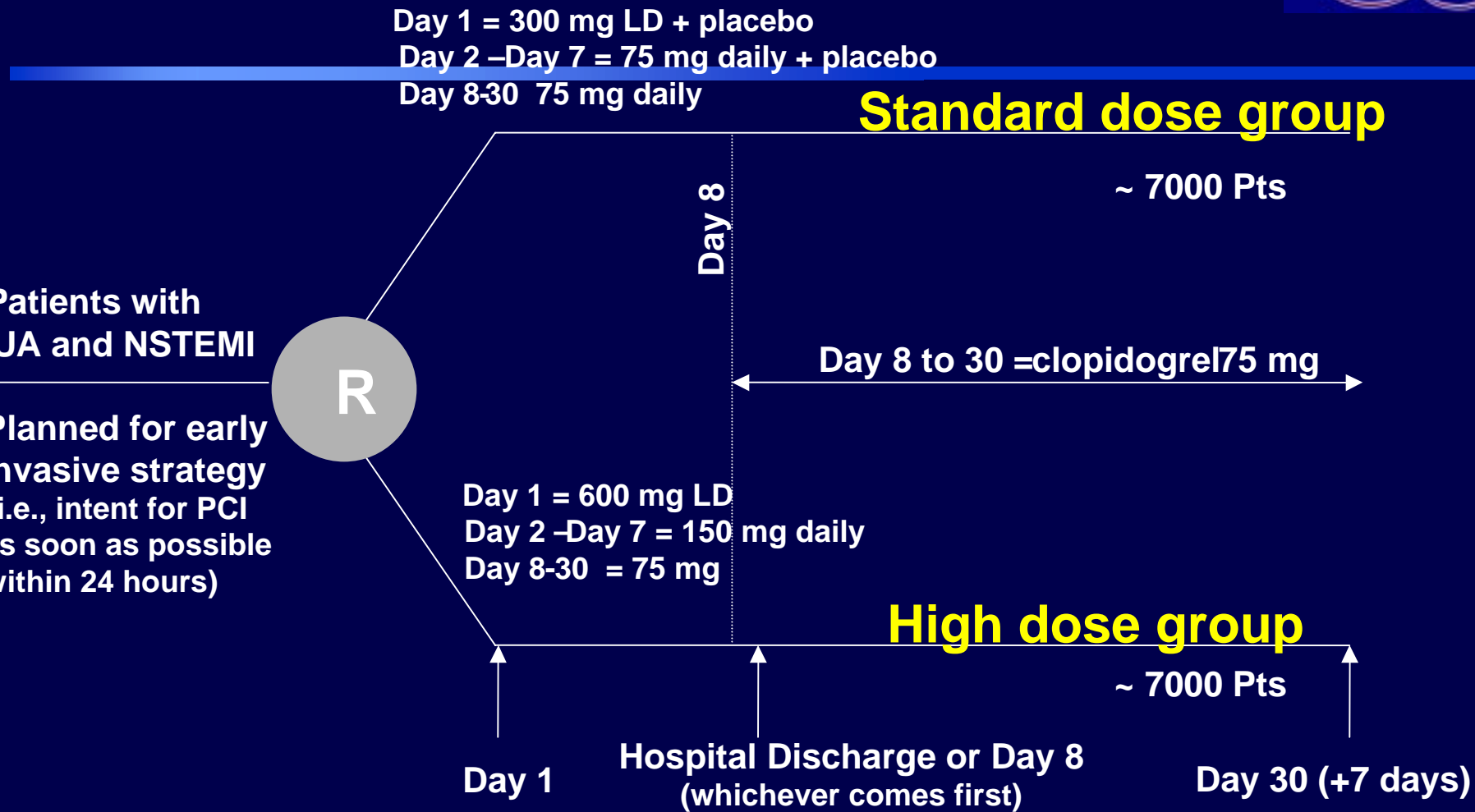
*IPA senza incrementare*

*il rischio emorragico ?*

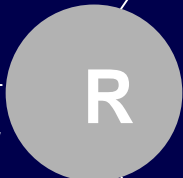
# Comparison with Higher Dose Clopidogrel



# CURRENT Study Flow Chart



Patients with  
ACS and NSTEMI  
Planned for early  
invasive strategy  
(i.e., intent for PCI  
as soon as possible  
within 24 hours)



All patients randomized to ASA low dose (75-100 mg o.d) or high dose (300-325 mg o.d)





**Scienziato non  
é colui che sa  
dare le vere  
Risposte,  
ma colui che sa  
porre le giuste  
Domande**

***Claude Levi Strauss***